

TALLINNA TERVISHOIU KÕRGKOO



OCCUPATIONAL THERAPIST

3311

Educational institution	TALLINN HEALTH CARE COLLEGE
Code of educational institution	70003980
Title of the curriculum	<i>TEGEVUSTERAPEUT</i>
Title of the curriculum in English	OCCUPATIONAL THERAPIST
Higher education level	Professional higher education
Curriculum code in the Estonian Education Info-System (EHIS)	3311
Data about the right for conducting studies in the curriculum	Curriculum belongs to the “Health Care” curriculum group in which the right to conduct studies has been granted by the Government of Estonia in 18.12.2008 with Decree no 178.
Primary registration of the curriculum	09.02.2004
Approval date of the version of the curriculum in the educational institution	The curriculum has been approved by the Council of Occupational Therapist Curriculum on 02.05.2017. The curriculum has been approved by the Tallinn Health Care College Council with Decision No 4.6 from 23.05.2017.

Study area	Health and well-being
Field of studies	Health
Curriculum group	Health Care
Main field of study (or studies) of the curriculum and their volume (ECTS)	Occupational Therapist 240 ECTS
Minor field (or fields) of study, other possible specializations in the curriculum and their volume (ECTS)	The curriculum has no minor fields of study or specializations
Forms of study	Daytime learning; on-the-job training
Nominal length of studies	4 years
Volume of the curriculum in European credit point system (ECTS)	240
Volume of compulsory subjects (ECTS)	235
Volume of elective subjects (ECTS)	5

Study language	Estonian
Other languages needed for achieving the learning outcomes	English
Admission requirements	Certificate of the secondary or vocational secondary education or equivalent qualification
Aim of the curriculum	
The aim of the Curriculum of Occupational Therapist is to train occupational therapists with professional higher education needed in social care, health care and educational institutions; to provide contemporary knowledge about society together with speciality studies, in order to enhance the growth of the students' professional identity and promote the graduates' managing in labour market.	

Learning outcomes of the curriculum
<ol style="list-style-type: none"> 1. Has a systematic overview about the profession's concepts, theoretical principles, professional ethics, about carrying out occupational therapy for individuals of all ages and applying the knowledge in practice. 2. Has an overview of directions and factors having influence on occupational therapist's job at local as well as international level, and understands connections between occupational performance, health and well-being. 3. Is tolerant towards the diversity of attitudes and values, and is able to value and respect individual differences, cultural beliefs, customs and their influence on activity and participation. 4. Commands communicational, customer service, and team work skills necessary for one's work and is capable to include and empower others. 5. Has an overview about the basics of research and research methods in the field of occupational therapy, is able to create and defend his/her graduation thesis, considering ethical aspects and legislative requirements for the research. 6. Acquires principles of lifelong learning and values application of them in professional development as an occupational therapist. 7. Is able to recognize interdisciplinary connections in the application areas of adjacent specialties and understands the role of them in empowering people. 8. Is able orally and in written form to explain problems related to occupational therapy in study language and in English, and participate in professional discussions.

Conditions of fulfilling the curriculum	
Curriculum contains 6 modules (240 ECTS)	
Person-Environment-Occupation and Health	64 ECTS
Professional Reasoning and Behaviour	34 ECTS
Occupational Therapy Process	56 ECTS
Practical Training	57 ECTS
Research Methodology	24 ECTS
Elective Subjects	5 ECTS
Volume of Practical Training	57 ECTS

Volume of Graduation Thesis	5 ECTS
Volume of Elective Subjects	5 ECTS

Options for passing the curriculum	In addition to compulsory subjects there are also elective subjects 5 ECTS that support the acquiring of the aims of the curriculum and create opportunities to realize the individual needs and intellectual interests of students.
Graduation requirements	Completing the curriculum in full and receiving a positive grade in defending the graduation thesis.
Type of diploma issued upon graduation	<i>Rakendus kõrghariduse diplom</i> Diploma of Professional Higher Education
Documents issued upon graduation	Diploma of Professional Higher Education with academic transcript and Diploma Supplement in English.
Possibilities for continuing studies	Master`s studies
Access to labour market	Has acquired the learning outcomes for working as an occupational therapist.
Additional information	http://ttk.ee/et/kontaktileht

LETTER OF EXPLANATION FOR THE CURRICULUM OF OCCUPATIONAL THERAPIST

Since the academic year 2017/2018, the following changes have been introduced to the Curriculum of Occupational Therapist:

1. The curriculum has been updated in accordance with the renewed requirements of World Federation of Occupational Therapists (*WFOT*) *Minimum Standards for the Education of Occupational Therapists*.
2. Formulation of the curriculum, aims of the modules and of the subjects, and learning outcomes have been corrected.
3. The subjects between the modules of the curriculum have been replaced for the purpose of clarity.
4. The curriculum contains 6 modules, entitled according to the terminology of minimum standard and the regulations of the College: Person-Environment-Occupation and Health; Professional Reasoning and Behaviour; Occupational Therapy Process; Practical Training; Research Methods and Elective Subjects.
5. The module Research Methods has been updated, the aims and learning outcomes of the subjects of the module have been harmonised all over the College.
6. The International Classification of Functioning Disability and Health (ICF) terms used by World Health Organization (WHO) are used; for example the earlier subject Knowledge of Disability was replaced with Functioning and Participation Restrictions.
7. The titles of practical training have been adjusted in the module of Practical Training. The first practical training is Daily Life Activities and Local Context; half of the Pre-Diploma Practical Training (6ECTS) has been modified to Project-Based Practical Training. General volume of Practical Training has not been changed (57 ECTS).
8. Role of the environment as a factor in person's occupational performance has been made more visible, for example the titles of the subjects have been changed: Accessible Environment; Context of Work of the Occupational Therapist; Occupational Therapy and Ergonomics in the Context of Work; Practical Training - Daily Life Activities and Local Context.

In the Curriculum of Occupational Therapist the title of the curriculum, admission requirements, nominal length and volume of studies, study language have not been changed.

THE EXPECTED FIELD OF ACTIVITY OF THE GRADUATES

Having passed theory and practical training of the curriculum, the student has been prepared for occupational therapist job in health care, social or educational system or as a private entrepreneur. Having passed the curriculum, the student has adopted the necessary competencies for continuing studies at Master`s level.

BASES OF THE CURRICULUM AND ORGANIZATION OF PRACTICAL TRAINING

An occupational therapist is a specialist in the areas of occupation and occupational performance. The purpose of his/her job is to maintain and promote disabled person`s occupational performance. Tasks of an occupational therapist are: collection of information about the person`s health condition, condition assessment of person`s occupational performance, planning and applying occupational therapy according to the person`s occupational needs individually or in group work. (Occupational Standard. Occupational Therapist, level 6. Vocational Council of Health Care and Social Work 2012).

Occupational therapy is focusing on raising the client`s independence in the daily life activities. The element distinguishing occupational therapy from other specialities is the use of occupation/activity, and also adapting social and physical environment for enhancing person`s health and quality of life. So, the focus in occupational therapy related training lays on human occupation/activity and on the person in his/her environment, taking into consideration the aspects of health and well-being, local conditions, the specifics of cultural room and the local needs.

The curriculum is in accordance with occupational therapist`s Occupational Standard, level 6 (2012), and with Minimum Standards for the Education of Occupational Therapists, set by the World Federation of Occupational Therapists (2016), and also includes the earlier contents of the curriculum and necessary learning outcomes. The basics for composing the curriculum are the specialty`s philosophy and the evidence-based theoretical conceptions that are internationally accepted. The issues of Bologna process that are reflected in the philosophy and objectives of the Occupational Therapy Curriculum are: social dimension, inclusion and participation of students, lifelong learning, and common European Higher Education Area.

The curriculum proceeds from the following legal acts and basic documents of the profession:

- Republic of Estonia Education Act (August 1, 2012);
- Institutions of Professional Higher Education Act (January 1, 2017);
- Universities Act (January 1, 2017);
- Standard of Higher Education, Decree No 178 of the Government of Republic (December 18, 2008);
- Occupational Standard. Occupational Therapist, level 6. (Vocational Council of Health Care and Social Work 2012);
- Minimum Standards for the Education of Occupational Therapists. (World Federation of Occupational Therapists 2016);
- Tuning Educational Structures in Europe. Reference Points for the Design and Delivery of Degree Programmes in Occupational Therapy 2008;
- Statute of Tallinn Health Care College (January 10, 2015);
- Tallinn Health Care College Curriculum Statute (April 19, 2011).

The nominal length of study period is 4 years and the volume of studies is 240 ECTS. The studies are divided into contact studies, independent work and practical training.

The Occupational Therapy Curriculum has been confirmed primarily on February 9, 2004. It has been supplemented in 2006 and competency-based details have been added in 2009, in 2011 and 2013. In the version of the current curriculum, feedback from the committee of quality assessment of the curriculum group, and recommendations of WFOT Minimum Standards renewed in 2016 have been taken into consideration. The curriculum contains 6 modules: Person-Environment-Occupation and Health 64 ECTS; Professional Reasoning and Behaviour 34 ECTS; Occupational Therapy Process 56 ECTS; Practical Training 57 ECTS; Research Methods 24 ECTS and Elective Subjects 5 ECTS.

The modules of the curriculum are based on occupational therapy key concepts person, environment and occupation, and on terminology used in the International Classification of Functioning Disability and Health (ICF). For guaranteeing the logical and dynamical Occupational Therapist Curriculum, the development of human being has been set as the basis for specialty subjects. The studies begin with general knowledge about the person, his/her occupation and environment: focus has been set on the basic concepts of occupational therapy (person, occupation, environment), and on the studies of the historical basics and philosophy of the profession, taking into account the local context. The aim of studies is to provide the necessary theoretical basis for further professional work, and the necessary knowledge for getting to know the aspects of human being. The students learn to understand the connections between person, occupation and environment with health and well-being. The current curriculum considers the person in the meaning of both as an individual and as a group (including community).

In further studies, the focus will be on the specifics of pathologic processes in human organism and on disease studies from the aspect of occupational performance. Specialty studies concentrate on occupational therapy for children and youth. This will be followed by occupational therapy for working-age people paying also attention to the medical aspects such as neurology, rheumatology, traumatology and orthopaedics, and occupational therapy aspects connected to the field of psychiatry and work. Finally, occupational therapy for elderly will be focused on. Specialty studies are connected with treating physiological changes and psychosocial problems of elderly people from the aspect of occupational therapy.

In study process, general competencies necessary for client service both on an individual level and on community level are developed; ethical aspects are highlighted (subjects Customer Service, Management and Basics of Entrepreneurship, Therapeutic and Professional Relationship, Health and Social Systems, Empowerment of Individuals and Community). In the module of Research Methodology the necessary skills for research are developed. The students demonstrate the acquired skills by defending the Graduation Thesis they have composed independently right before completing the curriculum. Students will be taught professional English and they will develop independent work skills for using literature, taking into consideration the author's rights, students' own duties and responsibilities in the process, and understanding what plagiarism is. Lectures, lecture-discussions, seminars, group work, practical skills training, independent work with literature, e-learning and learning by simulation are used as learning methods.

According to the curriculum, the student has practical training in the volume of 57 ECTS during the 4-year period. The general aim of practical training is to reinforce the outcomes adopted in theory studies – in this way forming the necessary professional knowledge, skills, attitudes and value judgements. The practical training institutions are hospitals, schools, rehabilitation institutions, kindergartens, care homes, learning centres, etc.

According to the module-based structure of the curriculum, the reinforcing of the knowledge adopted during theory studies is continued in the work environment of practical training

institutions. First practical training Daily Life Activities and Local Context takes place in local social institutions and educational institutions working with different age-groups; and in collaboration with Estonian Unemployment Insurance Fund, for example in kindergartens, schools, day-centres for the elderly, boarding houses, care homes, social centres etc. The practical training Occupational Therapy for Children and Youth, Working-Aged and Elderly is carried out under the supervision of an occupational therapist in the institutions according to the field. Project-Based Practical Training offers the students an opportunity to gain experience as a participant in a project. Pre-Diploma Practical Training takes place in a location selected by students themselves, which could possibly become a professional working place for the trainee in the future. In practical training, principles of confidentiality have to be followed; a confidentiality agreement will be signed by the student to affirm this before the beginning of the practical training. The aims and outcomes of practical training are listed in the practical training program. The selection of a practical training location is carried out as collaboration between the student and the head of the chair or a College mentor.

REQUIREMENTS SET FOR THE CURRICULUM QUALITY

For guaranteeing the quality of the curriculum, intensive cooperation is carried out with other Baltic and European states in the framework of Erasmus+ and NordPlus, and other intensive programs, student and teacher exchange, and through the participation in European Network of Occupational Therapy in Higher Education (ENOTHE) in the field of occupational therapy.

Occupational Therapist Curriculum conforms to the general course of activities of Tallinn Health Care College. The aims and outcomes of the curriculum correspond to the general requirements set for professional higher education, and also to the requirements guaranteeing occupational therapist's professional activity. The evolvement of the curriculum is guaranteed with feedback surveys at the end of each subject, needs-based internal and external evaluation, and also with feedback from employers and alumni.

The contents and development of the curriculum are guided by the Curriculum Council, which consists of lecturers of Occupational Therapy Curriculum, occupational therapy students, alumni, professional unions', and employers' representatives. The Curriculum Council follows and analyses the contemporary trends of development in occupational therapy, takes into consideration the feedback and if needed, makes changes and amendments in the curriculum, and also makes suggestions to the College Council for enhancing study environment. College Council approves the curriculum with previously discussed amendments. The carrying out of studies in the frames of implementing the curriculum is fully covered with lecturers having higher education or higher qualification. The sustainability of lecturers is guaranteed by including alumni and specialists into teaching and with regular advanced training of the teaching staff.

MODULES AND SUBJECTS OF THE CURRICULUM, AIMS AND LEARNING OUTCOMES

Module title Person-Environment-Occupation and Health		Volume: 64 ECTS
Aims	<ol style="list-style-type: none"> 1. To acquire knowledge related to human being, environment, occupation, health, well-being and the connections between them. 2. To acquire knowledge about public health and local social systems. 	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows and is able to use general and professional theories about person, environment and health. 2. Has knowledge about body functions, activities, participation, activity limitations and participation restrictions, health situation and disabilities according to ICF classification. 3. Looks at a person as value, and believes that a person is able to change and adapt. 	
Evaluation of module: subject-based method		
Subjects		
Code	Subject title	Volume
5IKTT17/FO	Functioning and Participation Restrictions	3 ECTS
Aim	Has knowledge about human body functions, activities, participation, activity limitations and participation restrictions, and about disabilities related to those.	
Learning outcomes	<ol style="list-style-type: none"> 1. Has knowledge about human health, disability and body functions according to The International Classification of Functioning Disability and Health (ICF). 2. Knows the influence of disability on a person's occupational performance. 3. Knows the foundations to determine the level of disability. 4. Has knowledge about human rights and legislation regarding activity limitations and participation restrictions. 	
Code	Subject title	Volume
PSU17	Psychology	3 ECTS
Aim	To acquire knowledge of psychology and provide readiness for understanding the needs of a patient/client.	
Learning outcomes	<ol style="list-style-type: none"> 1. Has knowledge about concepts of psychology (including developmental, personality and social psychology) and main approaches. 2. Understands the nature and causes of an individual's development and social behaviour. 3. Is able to apply different communication techniques and knows teamwork principles. 	
Code	Subject title	Volume

AnF17	Anatomy and physiology	6 ECTS
Aim	To acquire basic knowledge in anatomy and physiology.	
Learning outcomes	<ol style="list-style-type: none"> 1. Uses appropriate anatomy and physiology related terminology. 2. Knows and is able to explain the structure of the human body and the mechanisms regulating its functioning and development. 3. Knows the shape, structure and location of organs in human body by body systems. 	
Code	Subject title	Volume
5IKTTK17/TK	Theoretical Approaches of Person, Occupation and Environment	8 ECTS
Aim	To acquire knowledge about theoretical approaches related to person, occupation and environment in occupational therapy.	
Learning outcomes	<ol style="list-style-type: none"> 1. Has knowledge about person's daily activities and conceptions of environment, and understands their connection with health and occupational performance. 2. Knows the theoretical and scientific basis of the speciality and its main practice models (ICF, MOHO, CMOP-E, PEO, Kawa, ValMo, OPM(A), VdT, MoCA, and so on). 3. Is able to relate person's occupational choices to his/her personality, activities and environment. 	
Code	Subject title	Volume
5IKTTK17/IA	Human Development	3 ECTS
Aim	To acquire knowledge about the human development and different periods of human development (child, youth, working-age and elderly).	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows the theories about human development and life course (including the life-cycle theory). 2. Knows the human development (including motor development, cognitive development and social development) and is able to relate it to the occupational performance. 	
Code	Subject title	Volume
5IKTTK17/TAA	Activity Analysis and Adaptation	5 ECTS
Aim	To acquire knowledge and skills about applying activity analysis and adaptation in occupational therapy.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows the theoretical principles of activity analysis. 2. Is able to apply activity analysis and synthesis in occupational therapy process. 3. Knows and is able to apply different adaptation techniques in adapting the activities. 4. Is able to create a client's occupational profile. 	
Code	Subject title	Volume

TO17	Occupational Safety	3 ECTS
Aim	To acquire first aid skills, ability to act safely in the work environment and in case of fire hazard.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows the principles of quality and risk management in health care organization. 2. Is able to assess risk factors in the work environment and develop a risk analysis. 3. Knows, how to use ergonomic job methods and promote health at workplace. 4. Is able to give first aid without any medical devices. 5. Is able to act in case of fire hazard. 	
Code	Subject title	Volume
HaOp17	Pathology	5 ECTS
Aim	To acquire foundation knowledge about causes and onset of diseases, signs and disease-related changes in the human body.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows fundamental processes and concepts of general pathology. 2. Knows etiopathogenesis and pathogenesis of most prevalent diseases, and ways to prevent the diseases treating each organ system separately. 3. Has basic knowledge about microbiology and function of the immune system, most common micro-organisms and diseases caused by them affecting human functioning. 4. Knows genetic bases and understands the nature of heredity and mutability has foundation knowledge about more common chromosomal and genetic diseases, and possibilities to apply genetics in medicine. 	
Code	Subject title	Volume
5IKTTK17/BM	Biomechanics	3 ECTS
Aim	To acquire knowledge about the main principles in biomechanics and about the mechanical features of the structure of human locomotive apparatus and person's motion activity.	
Learning outcomes	<ol style="list-style-type: none"> 1. Has knowledge about the main principles in biomechanics. 2. Knows human biomechanical functioning. 3. Is able to analyse human functional activities from the point of biomechanics. 4. Is able to implement the main principles in biomechanics while adapting the performance of activities. 	
Code	Subject title	Volume
5IKTT17/HÕ2	Pathology II	6 ECTS
Aim	To acquire knowledge about common injuries, surgical, internal and neurological diseases.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows the nature of common injuries, surgical, internal and neurological diseases, the progress, treatment and rehabilitation process. 2. Knows the influence of injuries and diseases on person's occupational performance. 	

Code	Subject title	Volume
UF17	General Pharmacology	2 ECTS
Aim	To acquire knowledge about concepts of general pharmacology, groups and different forms of medications, and routes of administration.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows concepts of general pharmacology and can use them. 2. Describes effects of the medication groups on a human body and factors influencing them. 3. Names different forms and routes of administration of medications, and dependence of a form or route of administration on the effect of medication. 	
Code	Subject title	Volume
5IKTT17/KNP	Clinical Neuropsychology	4 ECTS
Aims	<ol style="list-style-type: none"> 1. To acquire knowledge about basic terminology in clinical psychology, about psychological explanations of mental disorders and behavioural disorders, and about various types of psychotherapy. 2. To acquire knowledge about neuropsychological processes that have an influence on human occupational performance. 	
Learning outcomes	<ol style="list-style-type: none"> 1. Has an overview about psychological explanations of mental disorders and behavioural disorders, and about their research methods. 2. Knows and is able to describe most common mental disorders and behavioural disorders, and can relate the knowledge to future professional activities. 3. Has knowledge about basic terminology in neuropsychology, about main topics, and research methods. 4. Knows and is able to describe the nature of most common neuropsychological disorders, and can relate the knowledge to occupational therapy. 	
Code	Subject title	Volume
5IKTT17/TSS	Health and Social Systems	3 ECTS
Aims	<ol style="list-style-type: none"> 1. To get acquainted with philosophical approaches of human nature and develop analytical skills and thinking ability. 2. To acquire knowledge about the societal processes, and human behaviour in a society. 	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows main terminology in philosophy and sociology, common theories and paradigms explaining various societal developments. 2. Knows key terms and theories in ethics and trends in philosophy. 3. Is able to notice social problems and can find ways to solve them. 4. Has knowledge about social conditions that have an influence on a person's health. 5. Understands the diversity of attitudes and values in a society, individual differences, cultural beliefs, customs and their influence on human behaviour. 	

Code	Subject title	Volume
RaTer17	Public Health	2 ECTS
Aim	To form knowledge about theoretical foundations and functions of public health, public health policy principles, and give an overview of the situation and organizational arrangement of public health in Estonia.	
Learning outcomes	<ol style="list-style-type: none"> 1. Understands the nature of public health field, tasks, public health policy principles, and is able to interact health factors having effect on an individual and the community. 2. Knows most common health problems of population in Estonia and activities within the frames of the National Health Development Plan to prevent diseases and promote health. 3. Has an overview of the organizational arrangement of public health in Estonia and creates connections between activities of different institutional sectors and levels. 	
Code	Subject title	Volume
5IKTT17/LKK	Accessible Environment	4 ECTS
Aim	To acquire knowledge about the principles about universal design and about the importance of accessible environment for creating an inclusive society.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows the basic principles about universal design. 2. Acquires skills to notice the capacity restriction factors in an artificial environment, and find solutions, so that the environment could be used by a person of any age, with different skills and abilities. 	
Code	Subject title	Volume
5IKTT17/GG	Gerontology and Geriatrics	4 ECTS
Aims	<ol style="list-style-type: none"> 1. To acquire knowledge about the ageing process, the physical and mental changes accompanying aging, and the effect of these changes on life-quality. 2. To acquire knowledge about the most widely spread pathological changes that are the result of ageing. 	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows the theories of aging. 2. Has an overview about the physical and mental changes accompanying aging. 3. Has knowledge about most common geriatric diseases (incl. dementia) and psycho-geriatric disorders, and about the occupational performance restrictions related with pathological ageing. 	

Module title Professional Reasoning and Behaviour		Volume: 34 ECTS
Aim	To acquire knowledge and skills to develop professional reasoning and behaviour.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows the history of speciality, and current trends both in a local and in a global context. 2. Knows and is able to follow professional ethics. 3. Is able to create therapeutic and professional relations both on a personal and on a community level. 4. Is able to manage his/her professional development and plan the service of occupational therapy. 	
Evaluation of module: subject-based method		
Subjects		
Code	Subject title	Volume
SO17	Introduction to Learning	2 ECTS
Aim	To create possibilities for managing successfully in study process in Tallinn Health Care College.	
Learning outcomes	<ol style="list-style-type: none"> 1. Has an overview of Estonian higher education system and possibilities for international cooperation. 2. Knows organization of studies and practical training, and study counselling system in Tallinn Health Care College. 3. Is able to compose and execute letters and study documents. 4. Knows foundations of studies, teamwork, stress and time management, and career planning. 	
Code	Subject title	Volume
5PMK17/TA	Basic Knowledge of Occupational Therapy	8 ECTS
Aim	To acquire knowledge about occupational therapy as of a speciality, about the history, philosophy, terminology and ethics.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows the main terminology, history, philosophy and ethics both, locally and globally. 2. Knows the meaning of occupation and its use in occupational therapy. 3. Knows the role and tasks of an occupational therapist according to occupational standard of occupational therapists. 	
Code	Subject title	Volume
5PMK17/TTK	Professional Practice Context of Occupational Therapist	3 ECTS
Aim	To introduce the professional identity and different fields of work of an occupational therapist, and to give an overview about the influencing trends and factors in economy, politics and science.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows the professional identity of an occupational therapist. 2. Knows the aims of occupational therapy and specific characteristic of the work of the occupational therapist in different areas of work. 	

	<ol style="list-style-type: none"> 3. Has an overview of directions and factors having influence on occupational therapist's job at local and national level, as well as at international level. 4. Knows the societal and legislative developments that have an influence on services of occupational therapy on local and global level. 	
Code	Subject title	Volume
5PMK17/EIK	Professional English	2 ECTS
Aim	To acquire occupational therapy related terminology in English.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows occupational therapy related terminology in English. 2. Is able to report occupational therapy related literature in English. 3. Is able to compile occupational therapy related presentations in English and present them orally. 4. Is able to discuss occupational therapy related themes in English. 	
Code	Subject title	Volume
5PMK17/TPS	Therapeutic and Professional Relationship I	2 ECTS
Aim	To develop the understanding about professional and therapeutic relationship.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows different options for establishing the therapeutic relationship. 2. Is respectful to people, respects their beliefs and their culture. 3. Has an overview about the Intentional Relationship Model. 4. Understands different therapeutic methods. 	
Code	Subject title	Volume
5PMK17/PA	Pedagogics and Andragogics	2 ECTS
Aim	To acquire knowledge about main principles and methodology of teaching and learning, and about the principles of lifelong learning.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows main learning and teaching theories. 2. Is able to analyse the process of learning and teaching. 3. Is able to evaluate and reflect his/her learning. 	
Code	Subject title	Volume
KL17	Client Service	3 ECTS
Aim	To acquire knowledge about client service foundations and provide readiness for understanding and fulfilling clients' needs in service process.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows foundations and ethical aspects of client service. 2. Knows the nature of service process and can participate properly in this. 3. Knows types of products/service and is able to plan and carry out (sales) conversation. 4. Uses appropriate communication techniques in client service. 	
Code	Subject title	Volume

5PMK17/TPS2	Therapeutic and Professional Relationship II	2 ECTS
Aim	To develop the understanding about professional and therapeutic relationship.	
Learning outcomes	<ol style="list-style-type: none"> 1. Is able to create a therapeutic relationship and understands the therapeutic use of self in a process of occupational therapy. 2. Knows how to use the Intentional Relationship Model. 3. Knows the principles of ethics for working with people. 	
Code	Subject title	Volume
5PMK17/EAT	Professional Development and Awareness-Raising	2 ECTS
Aim	To acquire skills for conducting professional awareness-raising and development.	
Learning outcomes	<ol style="list-style-type: none"> 1. Is able to introduce his/her speciality to the interested parties. 2. Is able orally and in written form to explain problems related to occupational therapy, and participate in professional discussions. 3. Is able to plan and conduct events related to professional awareness-raising and development activities. 	
Code	Subject title	Volume
5PMK17/KM	Professional Reasoning	4 ECTS
Aim	To acquire knowledge about the different ways in professional reasoning and to develop the professional reasoning skills of occupational therapist.	
Learning outcomes	<ol style="list-style-type: none"> 1. Has an overview about the different ways in professional reasoning. 2. Is able to recognize different ways of professional reasoning in the process of occupational therapy. 3. Is able to describe his/her reasoning when dealing with the client. 4. Is able to apply the ways of professional reasoning in different problem situations. 5. Is able to develop professional attitude towards the clients. 	
Code	Subject title	Volume
JuEt17	Management and Entrepreneurship	4 ECTS
Aim	To create possibilities for developing basic skills related to organization management and starting enterprise.	
Learning outcomes	<ol style="list-style-type: none"> 1. Can describe an organization and its management process, including personnel management, and associate them with his/her specialty. 2. Knows different forms of enterprise and principles for choosing them. 3. Chooses and analyses a business idea, can develop a business plan, and plan and carry out projects. 4. Has elementary knowledge about foundations of tax system and accountancy, and can apply to financial institutions or funds for getting financing. 5. Knows principles of product and service development, and marketing. 	

Module title Occupational Therapy Process		Volume: 56 ECTS
Aim	To acquire knowledge and skills to conduct the process of occupational therapy.	
Learning outcomes	<ol style="list-style-type: none"> 1. Is able to assess the need for occupational therapy, and assess the person's occupational performance. 2. Knows the theories used in occupational therapy, and is able to implement them in case of various occupational performance and participation restrictions. 3. Is able to set client-centred occupational therapy goals, adapt environments, choose technical assistive devices and therapeutic activities, and to evaluate the results. 4. Has a responsible attitude towards conducting the occupational therapy. 	
Evaluation of module: subject-based method		
Subjects		
Code	Subject title	Volume
5TP17/ALNT	Basic Knowledge about Occupational Therapy for Children and Youth	5 ECTS
Aim	To acquire knowledge about occupational performance limitations that may occur in children and the youth, and about occupational therapy conceptual models.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows the main theories and conceptual models of occupational therapy used in work with children and the youth. 2. Is able to select the occupational therapy theories and conceptual models accordingly with the disorder in child's or youngster's occupational performance. 3. Knows main diseases and limitations that have an influence on occupational performance of children and the youth. 	
5TP17/TPLN	Occupational Therapy Process for Children and Youth	5 ECTS
Aim	To acquire knowledge and skills to conduct the process of occupational therapy for working with children and the youth.	
Learning outcomes	<ol style="list-style-type: none"> 1. Is able to assess the need for occupational therapy, and assess the family's and child's preparedness for changes. 2. Is able to set family-centred occupational therapy goals, adapt environments, choose assistive devices and therapeutic activities and to evaluate the results. 3. Is able to document the occupational therapy process when working with children and the youth. 4. Is able to cooperate with the family of the child or the youngster. 	
Code	Subject title	Volume
5TP17/LNTH	Assessment of Children's and Youngsters' Occupational Performance	3 ECTS
Aim	To acquire basic knowledge about children's and youngsters' occupational therapy assessment, assessment methods and selection of them, conducting	

	the evaluation process, and development of the evaluation plan.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows key theoretical views in assessing children and the youth. 2. Knows different assessment methods. 3. Is able to select a suitable assessment method and carry out occupational therapy assessment of disabled children. 4. Is able to create occupational therapy plan according to the results of occupational performance assessment. 	
Code	Subject title	Volume
5TP17/TATP	Technical Aid in Occupational Therapy Process	3 ECTS
Aim	To acquire knowledge about different technical assistive devices, and about options for adjusting, using and fitting them.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows different assistive devices (incl. IT tools). 2. Has knowledge and skills for the evaluation of client's occupational performance in his/her environment for choosing the suitable assistive device. 3. Knows how to adjust assistive devices and is able to instruct the client how to use the aid. 4. Knows the legislation regulating the selling and renting technical aids. 	
Code	Subject title	Volume
5TP17/SHTT	Occupational Therapy for Working-Aged Adults with Somatic Disorders	16 ECTS
Aim	To learn to use occupational therapy theories and to conduct occupational therapy process for working-aged adults with somatic disorders.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows occupational performance limitations caused by orthopaedic, trauma and rheumatic disorders, neurological diseases and internal diseases. 2. Knows and is able to use occupational therapy theories and practical skills for working-aged adults. 3. Is able to evaluate occupational performance of working-aged adults with orthopaedic, trauma, rheumatic disorders, neurological disorders and internal diseases. 4. Is able to carry out occupational therapy for working-aged adults with orthopaedic, trauma, rheumatic disorders, neurological disorders, and internal diseases (including making orthoses) not only in a health care institution but also in domestic, work, educational and other appropriate environments as well. 	
Code	Subject title	Volume
5TP17/IKV	Empowering Individuals and Community Communities	5 ECTS
Aim	To acquire knowledge about substantial community approaches, theories, methods and ways how to implement them to have an influence on people's health.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows about community, about its culture and norms. 2. Knows about community movements and civil society initiatives in Estonia. 	

	3. Knows the principles of empowering individuals and communities.	
Code	Subject title	Volume
5TP17/TET	Occupational Therapy and Ergonomics in the Working Context	3 ECTS
Aim	To acquire knowledge and skills about using occupational therapy and ergonomics for promoting working activities both of the occupational therapist as well as of the client with occupational performance limitations.	
Learning outcomes	<ol style="list-style-type: none"> 1. Is able to conduct the job analysis and the analysis of the working environment. 2. Has knowledge about the ergonomic principles of designing working environments. 3. Is able to use ergonomic occupational methods (inc. assistive devices) for preserving one's health when completing different job-related tasks. 4. Is able to evaluate and adjust working methods and working environment in accordance with occupational therapy and ergonomics, considering the needs of a person with occupational performance limitations. 	
Code	Subject title	Volume
5TP17/VTHT	Occupational Therapy for Working-Aged Adults with Mental Health Disorders	6 ECTS
Aim	To acquire knowledge about common mental health issues, and skills to conduct occupational therapy for adults with mental health issues.	
Learning outcomes	<ol style="list-style-type: none"> 1. Has an overview about common mental health disorders. 2. Is able to evaluate and analyse the problems in daily life activities caused by mental health disorders. 3. Is able to apply the knowledge of occupational therapy approaches and models into solving the problems concerning occupational performance of adults with mental issues. 4. Knows how to apply occupational therapy intervention for adults with mental health issues in domestic environment as well as in institutions. 	
Code	Subject title	Volume
5TP17/TPE	Occupational Therapy Process for the Elderly	5 ECTS
Aim	To acquire knowledge about occupational therapy in improving the life-quality of elderly people, and skills for carrying out occupational therapy with them.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows the occupational performance issues that accompany ageing. 2. Is able to evaluate the occupational performance of an elderly person. 3. Knows how to apply occupational therapy intervention for the elderly in domestic environment as well as in institutions. 4. Knows the principles of palliative care and end of life care. 	
Code	Subject title	Volume
5TP17/LTT	Creative Activities in Occupational Therapy	5 ECTS
Aim	To acquire knowledge about different creative activities of daily life, and to learn how to use creative activities as therapeutic means.	

Learning outcomes	<ol style="list-style-type: none">1. Knows theories of creativity.2. Knows different types of creative activities and their influence on a person.3. Is able to use creative activities for achieving the occupational therapy goals.
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Module title Practical Training		Volume: 57 ECTS
Aim	To reinforce the theoretical knowledge and skills acquired in seminars and during practical tasks, by carrying out occupational therapy with persons with different disorders and occupational performance limitations.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows how to cooperate with patients/clients and their family and significant others. 2. Knows how to work in a team. 3. Is able to apply the occupational therapy process with people of different age, and with different activity limitations and participation restrictions. 4. Is able to apply occupational therapy theories in practical setting. 5. Is able to document occupational therapy. 6. Applies the principles of reflective practice. 7. Has acquired skills for practical project work. 	
Evaluation of module: subject-based method		
Subjects		
Code	Subject title	Volume
5PR17/PrITLK	Practical Training – Daily Life Activities and Local Context	9 ECTS
Aim	To get to know daily life activities of people of different age in their local context.	
Learning outcomes	<ol style="list-style-type: none"> 1. Is able to evaluate occupational performance of the person in their daily activities and daily environment, using observation as an evaluation method. 2. Knows person's occupational development. 3. Applies the principles of reflective practice (diary, self-analysis). 	
Code	Subject title	Volume
5PR17/PrLNT	Practical Training – Occupational Therapy for Children and Youth	12 ECTS
Aim	To fix the knowledge acquired in theoretical studies, and the skills and experiences acquired in practical tasks.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows the aims of the practical training institution and its main activities, is able to describe the local context. 2. Knows how to cooperate with clients, their family and significant others, and has teamwork skills. 3. Is able to apply occupational therapy when working with children and the youth. 4. Is able to document occupational therapy. 	
Code	Subject title	Volume
5PR17/PrTT	Practical Training – Occupational Therapy for Working-Aged Adults	12 ECTS
Aim	To fix the knowledge acquired in theoretical studies, and the skills acquired in practical tasks, and in seminars for applying occupational therapy with	

	working-aged adults with different disorders and occupational performance limitations.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows the aim of the practical training institution and its main activities, is able to describe the local context. 2. Knows how to cooperate with working-aged clients, their family and significant others, and has teamwork skills. 3. Is able to apply occupational therapy with working-aged clients. 4. Is able to document occupational therapy. 	
Code	Subject title	Volume
5PR17/PrET	Practical Training – Occupational Therapy for the Elderly	12 ECTS
Aim	To fix the knowledge acquired in theoretical studies, and the skills and experiences acquired in seminars about the elderly with occupational performance limitations.	
Learning outcomes	<ol style="list-style-type: none"> 1. Knows the aims of the practical training institution and its main activities, is able to describe the local context. 2. Knows how to cooperate with elderly clients and their family and significant others, and has teamwork skills. 3. Is able to apply occupational therapy with the elderly. 4. Is able to document occupational therapy. 	
Code	Subject title	Volume
5PR17/PrPP	Project-Based Practical Training	6 ECTS
Aim	To acquire practical project work experience with the project carried out in real life.	
Learning outcomes	<ol style="list-style-type: none"> 1. Is able to plan and carry out project tasks related either to health care or social field. 2. Is able to analyse the results of the project. 	
Code	Subject title	Volume
5PR17/PrDE	Pre-Diploma Practical Training	6 ECTS
Aim	To develop and apply the knowledge acquired in theoretical studies, and the experiences and ethical values acquired in previous practical training.	
Learning outcomes	<ol style="list-style-type: none"> 1. Uses occupational therapy theories for practical work. 2. Is able to assess conducted occupational therapy intervention, and make ethical choices. 3. Applies knowledge and skills for counselling and instructing the clients and their family and significant others. 4. Describes an ethical issue and analyses it based on the Code of Ethics for occupational therapists. 	

Module title Research Methodology		Volume: 24 ECTS
Aim	To create possibilities and support for conducting research and developing academic writing skills.	
Learning outcomes	<ol style="list-style-type: none"> 1. Can find and use reliable evidence-based scientific sources for the professional research. 2. Can analyse and report information found from different sources. 3. Knows foundations of statistics, can methodically collect data and analyse them properly. 4. Knows ethics in research and can follow this. 5. Can set professional problems, and based on the research, give recommendations for solving them. 	
Evaluation of module: subject-based method		
Subjects		
Code	Subject title	Volume
UTM1-17	Foundations of Research I	5 ECTS
Aim	To create readiness for collecting and analysing evidence-based information.	
Learning outcomes	<ol style="list-style-type: none"> 1. Can apply principles of systematic literature search and record search results. 2. Can independently use scientific data bases and analyse relevant evidence-based materials. 3. Can report professional scientific literature in English and Estonian. 4. Knows foundations of statistics and is able to find and interpret statistics. 5. Can compose and form independent works, and uses scientific language. 	
Code	Subject title	Volume
UTM2-17	Foundations of Research II	5 ECTS
Aim	To create skills for conducting research.	
Learning outcomes	<ol style="list-style-type: none"> 1. Understands concepts and principles of scientific research and differences between types of research. 2. Knows different research methods, and planning the research, can choose the most suitable method for collecting and analysing data. 3. Can collect or find statistical data and relevant evidence-based sources, analyse, report and refer properly them in his/her paper. 4. Understands principles of ethics in science and medicine, is able to pay attention to ethical aspects, when composing his/her research. 	
Code	Subject title	Volume
5UTM17/OTR	Occupational Therapy Research	4 ECTS
Aim	To acquire evidence-based basics of professional research, including critical analysis of used references, and about compiling the research project in English.	

Learning outcomes	<ol style="list-style-type: none"> 1. Is able to formulate a research problem in the field of occupational therapy. 2. Knows the priorities of occupational therapy research in the world, in Europa and in a local context. 3. Is able to analyse professional research methodologies. 4. Is able to analyse critically professional literature. 	
Code	Subject title	Volume
LP1-17	Graduation Thesis I	5 ECTS
Aim	To acquire skills for using his/her professional knowledge to search independently and analyse critically a particular problem or situation in practice.	
Learning outcomes	<ol style="list-style-type: none"> 1. Is able to independently plan and carry out a research, and present properly its results. 2. Can pay attention to professional problems and research focuses. 3. Is able to give research-based recommendations for solving professional problems. 	
Code	Subject title	Volume
LP2-17	Graduation Thesis II	5 ECTS
Aim	To show a student`s ability to apply his/her knowledge and practical skills, developed across the curriculum, to carry out a research, using different research methods.	
Learning outcomes	<ol style="list-style-type: none"> 1. Understands research ethics and principles of reliability, and considers them when carrying out the research. 2. Is able to go through and analyse scientific literature associated with a research problem. 3. Knows the way of data collection and method of analysis used in the research. 4. Can explain research results and importance of them in specialty. 5. Is able to analyse critically and defend his/her viewpoints presented in the research, and discuss the searched topic. 	

Module title Elective Subjects		Volume: 5 ECTS
Evaluation of module: subject-based method		
Subjects		
Code	Subject title	Volume
5VA17/LKT	Incorporating Animals into Health Care	5 ECTS
5VA17/EVPF	Self-Help Methods in Physiotherapy	5 ECTS
5VA17/TPKE	Coping with the Client with Problematic Behaviour in Special Welfare	5 ECTS