

TITLE OF THE TRAINEESHIP *Mark this under „traineeship title“ in your learning agreement for traineeship	CODE *Mark this under „traineeship title“ in your learning agreement for traineeship	APPROXIMATE DURATION OF THE TRAINEESHIP	ECTS	HOURS AT THE PRACTICAL PLACEMENT	INDEPENDENT WORK	LEARNING OUTCOMES *Mark this under the section „knowledge, skills and competences to be acquired by the end of the traineeship (expected learning outcomes)	EVALUATION
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Practical Training – Normal Pregnancy, Normal Delivery and Normal Puerperium (Delivery room, postpartum ward and Maternity Counselling Centre)	7KÄ20/PrNR-14	9 weeks	14	288	72	<ol style="list-style-type: none"> 1. Performs evidence-based and patient-centred midwifery care under the supervision of a practical training institution mentor in normal pregnancy, childbirth, and post-partum period. 2. Implements different methods in monitoring normal pregnancy, labour and childbirth and post-partum period derived from evidence-based and legal guidelines. 3. Implements family-centred midwifery in caring for a healthy newborn. 	Non-distinctive evaluation: passed/ failed
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TITLE OF THE STUDIES *Mark this under „studies title“ in your learning agreement	CODE *Mark this under „studies title“ in your learning agreement	APPROXIMATE DURATION OF THE STUDIES	ECTS	OBJECTIVES OF THE SUBJECT	LEARNING OUTCOMES *Mark this under the section „knowledge, skills and competences to be acquired by the end of the studies (expected learning outcomes)	EVALUATION
Breastfeeding (e-course in Moodle and contact seminars in Zoom. Joint subject with Helsinki Metropolia University of Applied Sciences)	7KÄ20/BF		5	To acquire the knowledge and skills of mother - child bonding, feeding methods and breastfeeding.	<ol style="list-style-type: none"> 1. Describes the benefits from neonatal early breastfeeding, the importance of breastfeeding for a mother and her child, and breastfeeding related to mother’s nutrition principles. 2. Describes the correct suction technique of a neonate baby and demonstrates the correct breastfeeding positions applying the principles of teaching and counselling. 3. Describes breastfeeding problems and teaches women how to cope with breastfeeding problems and with a child with special needs. 4. Describes the principles for starting age-appropriate complementary feeding. 	Nondistinctive evaluation: passed/failed
Practical Training – Early Postpartum Discharge (e-course in Moodle. 80 h at the hospital, 8h simulation in December)	7VA18/PrEPD		5	To acquire preparedness to provide independent midwifery care during postpartum period in case of early discharge from hospital.	<ol style="list-style-type: none"> 1. Assesses the woman that has given birth and counsels her on postpartum recovery. 2. Assesses the general condition of a neonate and counsels the family on how to take care of the neonate according to the children’s health check guideline valid in Estonia. 3. Recognizes abnormalities, which occur in the woman given birth and the neonate, incl. in parenting and in 	Nondistinctive evaluation: passed/failed

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					case of mood swings, and applies the principles of teamwork. 4. Values ethical attitudes of a midwife when providing midwifery care to the woman given birth, the neonate, and the members of the family.	
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