

Tallinn Health Care College International Week “Internationalization and Mobility”

30 September – 3 October 2013

Kännu 67, 13418, Tallinn and
Kukruse, Kohtla-Järve, Lehe 12, Estonia

30. 09. Monday

Opening of the International Week

10.00–10.30

115, Kännu 67, Tallinn
International Relations
Office
eve.epner@ttk.ee

“Studying and Practical Training Opportunities in Foreign Countries”

10.30–12.00

Filipe Salvador Silva, Tiago de Jesus Sousa, Alexandre Miguel Marques Brito,
exchange students of the Nurse Curriculum of the Nursing School of Coimbra,
Portugal

Work language: English

409, Kännu 67, Tallinn
Chair of Nursing
heli.temper@ttk.ee

“Overview of Studying and Practical Training Possibilities Abroad”

Victoria Kass, student of the Chair of Nursing of the Tallinn Health Care College,
Estonia

Work language: Estonian

Opening of the Activities of the Chair of Midwifery

12.00–15.00

11.45 - 12.00

Urve Kaasik-Aaslav MD, MA, lecturer of the Chair of Midwifery of the Tallinn
Health Care College, Estonia

Work language: Estonian

115, Kännu 67, Tallinn
Chair of Midwifery
urve.kaasik-
aaslav@ttk.ee

“Midwifery Activities in Slovenia”

12.00 - 12.30.

Anamarija Novak, exchange student of the University of Ljubljana, Slovenia

Work language: English



“Pushing Techniques During the Expulsive Stage of Labour and Impact on a Woman in Labour, Postpartum, Fetus, Newborn and Duration of this Stage”

12.30 - 13.30

Liis Raag, , student of the Chair of Midwifery of the Tallinn Health Care College,
Estonia

Work language: Estonian

“Relaxbirth”

13.00 - 15.00

Eija Pessinen, BPS, Vice President at Relaxbirth Ltd, Finland

Work language: English

“Good Practical Training Experiences in the Field of Health Promotion”

Ain Peil and Agne Adler, alumni of the Chair of Health Promotion, Tallinn Health
Care College, Estonia

Work language: English

12.00–13.00

116, Kännu 67,
Tallinn

Chair of Health
Promotion

sandra.magi@ttk.ee

“Estonian Experiences in Diminishing Tobacco Use”

Andrus Lipand, MD, lecturer of the Chair of Health Promotion of the Tallinn Health
Care College, Estonia

Work language: English

13.00–13.30

116, Kännu 67,
Tallinn

Chair of Health
Promotion

sandra.magi@ttk.ee

Visiting Tallinn TV Tower – for invited guests

Work language: English

**16.00 is the beginning of the event at the TV Tower, Kloostrimetsa tee 58A*

16.00–17.00

Kloostrimetsa tee
58 A, Tallinn
International Relations
Office
heili.sormus@ttk.ee

01.10. Tuesday

“Studying and Practical Training Possibilities Abroad”

11.00 - 11.30

Eve Epner, MA, Head of International Relations of the Tallinn Health Care College,
Estonia

Work language: Estonian

11.00–14.00

23, Lehe 12,
Kohtla-Järve
International Relations
Office

“Erasmus Student Network”

11.30 - 12.00

Ain Peil, alumnus of the Tallinn Health Care College, Estonia

Work language: Estonian

heili.sormus@ttk.ee

Break

12.00 - 12.30

“Tutorship at the Tallinn Health Care College”

12.30 - 12.45.

Valeria Velitška, student of the Tallinn Health Care College, Estonia

*Work language: Estonian***“Studying at Palacky University, Czech Republic”**

12.45 - 13.05

Lucie Mannová, Jana Bermellová, exchange students from the Palacky University, Czech Republic

*Work language: English***“Studying at the Nursing School of Coimbra, Portugal”**

13.05 - 13.25

Filipe Salvador Silva, Tiago de Jesus Sousa, Alexandre Miguel Marques Brito, exchange students of the Nurse Curriculum from the Nursing School of Coimbra, Portugal

*Work language: English***“Studying at University of Las Palmas de Gran Canaria, Spain”**

13.25 - 14.00

Itziar Centol Ruíz, Ana Nieves de León Cubas, exchange students from University of Las Palmas de Gran Canaria, Spain

*Work language: English***“The Second Scientific Skype Conference of Pharmacy Students”**Chairpersons: Alar Sepp, MA, lecturer of the Tallinn Health Care College, Estonia;
Prof. Ângelo Jesus, School of Allied Health Sciences, Porto, Portugal**10.00–14.00**110, Kännu 67,
TallinnChair of Pharmacy
alar.sepp@ttk.ee**Registration**

10.00 - 10.15

“Communication Barriers Between Pharmacist and Patient: Literature Review”

10.15 - 10.30

Liis Märss, alumna of the Tallinn Health Care College, Estonia; Alar Sepp, MA, lecturer of the Tallinn Health Care College, Estonia

Work language: English, Estonian

“Cultivation of Medicinal Plants”

10.30 - 10.45

Kaidi Oja, Janne Jõe, students of the Chair of Pharmacy of the Tallinn Health Care College, Estonia

*Work language: English, Estonian***“Drying Herbs”**

10.45 - 11.00

Mirjam Pedaja, Stella Kuusemets, students of the Chair of Pharmacy of the Tallinn Health Care College, Estonia

*Work language: English, Estonian***“Use of Medical Plants in Cosmetic Industry”**

11.00 - 11.15

Christyna Kuusik, Johanna Kikkas, students of the Chair of Pharmacy of the Tallinn Health Care College, Estonia

*Work language: English, Estonian***“Preparation of Tinctures and Infusions from Herbs”**

11.15 - 11.30

Kerli Leikin, Ave Kuusemets, students of the Chair of Pharmacy of the Tallinn Health Care College, Estonia

*Work language: English, Estonian***“Preparation of Extracts from Herbs”**

11.30 - 11.45

Viktoria Koltsov, Kristina Kütt, students of the Chair of Pharmacy of the Tallinn Health Care College, Estonia

*Work language: English, Estonian***“Preparation of Herbal Oils”**

11.45 - 12.00

Anna Sarapova, Marina Artsebaševa, students of the Chair of Pharmacy of the Tallinn Health Care College, Estonia

*Work language: English, Estonian***“Collection of Medicinal Plants”**

12.00 - 12.15

Jaanika Põlluste, Kristi Mook, students of the Chair of Pharmacy of the Tallinn Health Care College, Estonia

*Work language: English, Estonian***“Pharmacy Technicians in Portugal: Employability and Professional Background”**

12.15 - 12.35

Raquel Pereira, Ângelo Jesus, School of Allied Health Sciences, Porto, Portugal

Work language: English

Discussion

12.35 - 12.50

Work language: English, Estonian

Roundtable Discussion: Student Exchange

12.50 - 13.45

Partners from Estonia, Latvia, Lithuania, Portugal

Work language: English

Conclusions

13.45 - 14.00

Work language: English

Day of Exchanging International Experiences of the Students and Lecturers of the Chair of Occupational Therapy of the Tallinn Health Care College

Work language: English

10.30–16.00

115, Kännu 67,
Tallinn

Chair of Occupational
Therapy

karin.lilienberg@ttk.ee

“Study abroad! Participation in Project Work and Intensive Courses”

Irena Bartels RM, Ave Kõrve RM, MA, lecturers of the Chair of Midwifery of the Tallinn Health Care College, Estonia; Kärt Maalinn, Birgit Anteplooon, students of the Chair of Midwifery of the Tallinn Health Care College, Estonia

Work language: English, Estonian

10.00–13.00

116, Kännu 67,
Tallinn

Chair of Midwifery
ave.korve@ttk.ee

“Overview of Studying and Practical Training Possibilities Abroad”

Natalja Gavrušina, student of the Chair of Nursing of the Tallinn Health Care College, Estonia

Work language: Estonian

12.30–13.00

408, Kännu 67,
Tallinn

Chair of Nursing
heli.temper@ttk.ee

02.10. Wednesday

Tour in the Tallinn Old Town – for invited guests

Work language: English

17.00–18.00

Tallinn Town Hall
Square
International Relations
Office
heili.sormus@ttk.ee

03.10. Thursday

“Internationalization and Mobility Between the Chair of Optometry of Tallinn Health Care College and Helsinki Metropolia University of Applied Sciences”

Work language: English

9.00–14.00

116, Kännu 67, Tallinn
Chair of Optometry
vootele.tamme@ttk.ee

“Studying and Practical Training Opportunities in Foreign Countries”

Filipe Salvador Silva, Tiago de Jesus Sousa, Alexandre Miguel Marques Brito, exchange students of the Nurse Curriculum of the Nursing School of Coimbra, Portugal

Work language: English

10.30–12.00

404, Kännu 67, Tallinn
Chair of Nursing
heli.temper@ttk.ee

“Studying and Practical Training Possibilities Abroad”

13.00 - 13.30

Eve Epner, MA, Head of International Relations of the Tallinn Health Care College, Estonia

Work language: Estonian

13.00–16.00

229, Kännu 67, Tallinn
International Relations
Office
heili.sormus@ttk.ee

“Erasmus Student Network”

13.30 - 14.00

Kairit Vill, student of the Tallinn Health Care College, Estonia

Work language: Estonian

Break

14.00 - 14.30

“Tutorship at the Tallinn Health Care College”

14.30 - 14.45.

Aet Taremaa, guest lecturer of the Tallinn Health Care College, Estonia;

Anton Nassonov, student of the Tallinn Health Care College, Estonia

Work language: Estonian

“Studying at Palacky University, Czech Republic”

14.45 - 15.05

Lucie Mannová, Jana Bermellová, exchange students from the Palacky University, Czech Republic

Work language: English

“Studying at the Nursing School of Coimbra, Portugal”

15.05 - 15.25

Filipe Salvador Silva, Tiago de Jesus Sousa , Alexandre Miguel Marques Brito,
exchange students of the Nurse Curriculum of the Nursing School of Coimbra,
Portugal

Work language: English

“Studying at University of Las Palmas de Gran Canaria, Spain”

15.25 - 16.00

Itziar Centol Ruíz, Ana Nieves de León Cubas, exchange students from University
of Las Palmas de Gran Canaria, Spain

Work language: English

Closing of the International Week**16.00–16.30**

Eve Epner, MA, Head of International Relations of the Tallinn Health Care
College, Estonia

Work language: English

115, Kännu 67,
Tallinn
International Relations
Office
eve.epner@ttk.ee

**Social Event of the Students and Exchange Students of Tallinn Health
Care College****20.00–22.00**

229, Kännu 67,
Tallinn
Student Council
kristjan.jarve@gmail.com