



ERASMUS+ INFORMATION SHEET

KEY DATA ON THE INSTITUTION

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| Name of the institution | Tallinn Health Care College |
| Address | Känu 67, 13418 Tallinn, Estonia |
| Erasmus code | EE TALLINN12 PIC 948830527 |
| Erasmus Charter for Higher Education 2014-2020 | 210201-EPP-1-2014-1-EE-EPPKA3-ECHE |
| Website | www.ttk.ee |

CONTACTS OF THE INTERNATIONAL OFFICE

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| Address | Tallinn Health Care College, International Office, Känu 67, 13418 Tallinn, Estonia |
| Head of International Relations | Ms Eve Epner, eve.epner@ttk.ee + 372 6 711 713, room 105, Känu 67, 13418 Tallinn, Estonia |
| Specialist of Development and International Relations, responsible for incoming and outgoing student mobility | Ms Heili Sõrmus, heili.sormus@ttk.ee + 372 6 711 713, room 105, Känu 67, 13418 Tallinn, Estonia |
| Specialist of International Relations of the Chair of Nursing, responsible for incoming and outgoing student, teacher and staff mobility | Ms Heli Temper, heli.temper@ttk.ee , +372 6711 762, Room 227, Känu 67, 13418 Tallinn, Estonia |

FIELDS OF STUDY AT THE TALLINN HEALTH CARE COLLEGE

NURSE
MIDWIFE
ASSISTANT PHARMACIST
DENTAL TECHNICIAN
OPTOMETRIST
OCCUPATIONAL THERAPIST
HEALTH PROMOTION SPECIALIST

APPLICATION

All students must be nominated by the international coordinator of their home institution. All students are expected to have B2 level in English.

Application information is available [here](#)

Application deadline

for the spring semester **15 November**,
for the autumn semester **15 May**

Documents to be submitted:

- fill in the [online application form](#)
- A Learning Agreement for Studies (in case of studies) or Learning Agreement for Traineeship (in case of practical placement) or both in case of combined studies. Both the learning agreement for studies and learning agreement for traineeship need to be filled in electronically. There is no need to send the agreements on paper by post. You can just take the required signatures and stamps and send the scanned document to us.
- Copy of passport or ID-card (from both sides)

Some practical placements in the field of nursing and midwifery have certain medical requirements. You will find the list of requirements on the college website.

Please send the required documents to heli.sormus@ttk.ee If you are a nursing student, please send the required documents to heli.temper@ttk.ee

ACADEMIC DATES

Autumn semester – beginning of September until the second half of December

Spring semester – beginning of February until the second half of June

ECTS

Tallinn Health Care College uses European Credit Transfer and Accumulation System (ECTS). The standard workload per semester is 30 ECTS. On the level of vocational education ECTS is not used.

PRACTICAL TRAINING

If you wish to have your practical training at the Tallinn Health Care College, first discuss at your home institution what practical training you wish to have, when, what your goals are etc. After filling in the respective documents and providing us with the required information, we can start finding you a practical placement. Tallinn Health Care College has a wide network of practical placements all over Estonia.

COURSES IN ENGLISH

Please find further information about courses in English [here](#) You will be enrolled to the courses by our Erasmus coordinator.

ACCOMMODATION

Please find detailed information about the accommodation possibilities [here](#). Tallinn Health Care College offers accommodation at its student hostel, which is located very near to the college and the city centre and offers very competitive prices. In case your practical training placement is located outside of Tallinn, we will help to find suitable accommodation for you. Most hospitals have apartments in their building complex, where you can stay for a very reasonable price.

VISA

Please read information about the visa [here](#)

RESIDENCE PERMIT

All incoming students from the European Union who stay in Estonia for longer than 90 days must first register themselves at the local municipality and thereafter at the citizenship and migration bureau. The student will receive an ID-card of the Republic of Estonia, which can be widely used, for instance for giving digital signatures, identifying oneself in a virtual environment, borrowing books from the library. Please find further information [here](#) Holders of the Estonian ID-card who are registered as residents of Tallinn receive the right to use public transportation in Tallinn for free. Please read more at www.tallinn.ee

INSURANCE

We recommend you to have travel insurance. European Health Insurance Card is obligatory! In case you can not apply for a European Health Insurance Card, it is obligatory to have health insurance coverage in Estonia.

NB! The Tallinn Health Care College does not provide you with neither accident insurance, health insurance nor the liability insurance. Having the adequate insurance is the student's responsibility.

ESTIMATED COST OF LIVING

Place at the student hostel, including rent, electricity, water, heating, internet, costs 60–150 euros per month. Deposit for the dormitory key card is 10 euros. Estonian ID-card costs around 25 euros. One discount ticket from the bus driver costs 0,80 euros, Tallinn 30-day e-discount ticket costs around 9 euros. Estonian ID-card holders who are registered as residents of Tallinn receive the right to use public transportation in Tallinn for free. In case you do not have an Estonian ID-card, you have the right for discount tickets. Please read more at www.tallinn.ee You can compare the cost of living in your current city with that of Tallinn at www.numbeo.com

STUDENTS WITH SPECIAL NEEDS

Tallinn Health Care College supports people with special needs both during the admission and learning process. We are putting our effort into creating a suitable social and physical environment for students with special needs and offer them respective guidance, counselling and support. We are continuously improving our ability to support students with special needs, based on their individual disability, in acquiring professional competencies. Our buildings have access and required facilities for people with impaired mobility.

If you are a student with special needs interested in having your exchange studies in Tallinn Health Care College, first contact your coordinator to discuss your needs, possible additional financial support etc. In the frames of Erasmus+ programme you can apply for special financial support. Please also contact our International Office by writing to **Heili Sõrmus** (heili.sormus@ttk.ee) or **Heli Temper** (heli.temper@ttk.ee), if you will study at the Chair of Nursing. Then we can start finding you an individual solution in cooperation with the specialists of the Chair of Occupational Therapy.

Please find further information about services in Tallinn for disabled people [here](#)

SUPERVISING AND TUTORING

If you come to Tallinn Health Care College for a practical training, you will receive support from four people: your supervisor at the college, mentor at the practical placement, our Erasmus coordinator and your tutor student. Most of our mentors at hospitals have passed a special mentoring and supervising course. Even if you only take courses at the Tallinn Health Care College, you will have your supervisor who you can turn to with academic issues.

All incoming students can turn for help for our Erasmus coordinators with questions, problems regarding the academic field, Erasmus documentation, general organization of their exchange period etc.

All incoming students will have a tutor student. You can turn to your tutor student already prior to your arrival, if you have any questions. If you wish, your tutor student can meet you upon your arrival. He/she will help you with all the initial procedures. If you stay longer than for 90 days, your tutor student will help you with registering you at the local municipality and thereafter at the citizenship and migration bureau. He/she will show you how to use our study information system and help you integrate to our academic and cultural life. You can turn to your tutor student throughout your stay with questions concerning practical everyday life issues.

EXTRACURRICULAR ACTIVITIES

Erasmus Student Network Tallinn organizes different events and trips to make sure you will have a good and interesting time in Estonia. You will receive information about upcoming events on your e-mail.

BEFORE YOUR ARRIVAL

Before your arrival our Erasmus coordinator will send you your detailed practical training programme (if you have a practical training), the contacts of your supervisor, mentor, tutor student and other relevant information. Please inform your tutor student and our Erasmus

coordinator about the exact date and time of your arrival and departure! Keep us updated, so everything would be well organized for you!

USEFUL LINKS

www.estonia.eu – official gateway to Estonia

<http://www.visitestonia.com/en/> – information about Estonia

www.vm.ee – Estonian Ministry of Foreign Affairs

www.visitestonia.com/en/about-estonia/brochures-about-estonia

– brochures in pdf about Estonia

www.tallinn.ee – maps, route planner and other useful information about Tallinn

www.numbeo.com – to learn about the cost of living in Estonia

http://www.studyinestonia.ee/images/tekstid/Programmes/archimedes_sg_2013%20final.pdf

– survival guide for international students